



Telephone: 0800 542 2439

September 2009

Claybrook NLP GoodNewsletter

**Congratulations NLP Practitioners, August 2009!**

Welcome to the Claybrook NLP GoodNewsletter!

I'd like to start this issue with a huge Congratulations to 10 Excellent Practitioners of NLP who completed their certification in Ealing, August 15th! A collection of people from different backgrounds and uses for NLP.

Delegates included several Teachers, Entrepreneurs, Students, Parents, etc. who all benefitted from each others input. Thank you for your open minds and eagerness to learn - well done!

This issue is a few days early as I'm off to Thailand for Trainers Training. Included are some delegates course experiences, and updates on our recent and forthcoming courses.

Many readers come back to the newsletter over a few days and read a bit more - and feel free to forward on to others too!

So enjoy - and remember - if you have any questions or comments, do e-mail or talk to us.

Kind Regards,

Sheila Patel

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One person's experience of the course in August...

10/10 I wouldn't consider a different Trainer. Provided me with information pre-course, replied to any enquiries quickly and fully, sent me newsletters and phone calls – which is why I ended up on that course – a course with a fantastic, professional and friendly trainer – Sheila.

I really enjoyed the course, it far exceeded my expectations – in fact I could have done 2 weeks!

It was very professionally done and there was a great consistency throughout which tied in everything we did right from the first right until the end. Sheila and Lenka were totally NLP throughout which was a great example of how NLP works. I felt there was a great love to NLP

for good reasons and not as a money making business which is what I have felt in my contact with other places. I feel lucky to have found this course. Thoroughly enjoyed it and can't wait to put it all into practice – well I've already started!

B Campbell, Teacher.

More course feedback below...



Introduction to NLP

Experience NLP - practical psychology for success

When?

Sunday, 27th September 2009 - FULL

Next Available course 22nd November - Watford

10:00 - 16:30

Where?

The Park Inn Hotel, 30-40 St Albans Road, Watford WD17 1RN

How much?

£45 plus 1 additional friend for £20. This course will be presented by Lenka as Sheila will be training in Hartlepool. Places are limited so email or call now to reserve your place.



Course materials - what's included...

I often have enquiries from delegates about what the price of a course is and people often want to see what's included, so I thought I'd show you now!

The course price includes a comprehensive manual with over 170 pages of information, scripts, processes, glossary etc. You'll also get a CD Boxset of 20 high quality CD's, along with two text books on Hypnosis and Time Line Therapy™ Techniques which all form the pre-course study materials. All this is sent to you within a week so that you can start your pre-course study.

You also receive a pre-course open book test paper by email which is completed before attending the course.

Then on the course you will receive full 7 days accredited and fully certified NLP Practitioner Training, from 9.30am until 5pm, as much tea/coffee/water as you can consume(!) and two experienced Trainers to deliver the information precisely and clearly, so that everyone understands.



During the live training, you have all techniques demonstrated and then experience the techniques for yourself. Everyone gets practice at each NLP process so that by the end of the course, you know you can apply NLP in whatever environment you wish, confidently and easily.

There's an extra bonus too - you can come back on future course as a coaching assistant - totally free of charge - and revisit the training as an observer. You can come for one day or all 7 days - which many of our Trainers Training delegates do to get fully prepared for their training.

To find out more about the courses, call 0800 542 2439 or email me on sheila@claybrooknlp.com



"Why do I need disasters?" Excerpt from Follow Your Heart, Andrew Matthews.

'We learn our biggest lessons when things get rough. When have you made the most important decisions in your life? When you were on your knees - after disasters, after knock-backs, when you've been kicked in the head. That's when we say to ourselves: "I'm sick of being broke, sick of being kicked around. I'm tired of being mediocre. I'm going to do something." Success we celebrate - but we don't learn too much. Failure hurts - and that's when we get educated. In retrospect, we usually notice "disasters" were turning points.

Effective people don't go looking for problems, but when they get smacked in the mouth, they ask themselves: "How do I need to change what I'm thinking and what I'm doing? How can I be better than I am now?" Losers ignore all the warning signs. When the roof falls in, they ask: "Why does everything happen to me?"

We are creatures of habit. We keep doing what we're doing until we're forced to change.'

The lesson is simple - the more we resist learning and changing, the bigger the signs become and the harder we fall. Change is only painful when we resist it... it's a pleasure when you do it willingly!



Forthcoming courses... and more course feedback below

Introduction to NLP

Watford, Hertfordshire - FULL 27th September 2009

Watford, Hertfordshire - 22nd November 2009

Investment: £45 plus £20 for second person.

NLP Practitioner Training

Watford, Herts - 15th - 21st Nov 09

Investment: £1289 Call to enquire about special offers 0800 542 2439

August 2009 Course Feedback:

Amanda M.:

"I thoroughly enjoyed the course! I felt I have made a huge transformation over the course of 7 days. I was quite daunted and nervous initially about doing the exercises and about speaking my personal fears in front of the group, and I'm sure I wasn't alone there! By the end of course we have confidence in carrying out the techniques - first hand experience of the success of the techniques and made 9 great friends!

I will make sure I use the techniques and skills I have learnt. NLP to me is a fascinating subject which I intend to learn more about and move my training onto the next level. Sheila & Lenka are hugely knowledgeable, have a great presenting style and are exceptionally supportive and passionate about helping people reach their potential. So thanks again to Lenka & Sheila, I feel truly lighter of unnecessary emotional baggage and determined to be the cause of my success."

Fiona S:

"The course was brilliant! I attended the course to use NLP in therapy, and will be doing so pretty much immediately. I also felt that I was a pretty 'sorted' person before attending the course, so didn't really think that I needed much in the way of 'personal development' from the course HOWEVER - after the course I just felt so amazingly good and realised that I had made great steps forward in my personal development over the week too - even though I didn't think I needed it!!!

Sheila & Lenka are amazing Trainers, and wonderful people, and it was actually a week that I will never forget. Look forward to enjoying a great week if you are planning on attending."#

And from June, Tony B:

"I have in a very short period of time gone through a huge transformation. I have learned a great deal and the course has greatly exceeded my expectations. Lenka and Sheila are exemplary trainers showing great professionalism, knowledge and warmth.

Their training has not only been effective over the 7 day course but has left a lasting positive impression. It is an excellent and inspirational course which I thoroughly recommend. You genuinely leave the course with much more than just a certificate.....the realisation that you have the power to achieve anything you want in life."

2010 NLP Practitioner course dates are now available on the website

www.ClaybrookNLP.com

Time Line Therapy™ & Hypnosis Practitioner 4 Day Course

Watford, Hertfordshire.

2nd - 5th October 09

Investment: £650 - £600 if you book by the end of the month!

Thank you for reading this month's "GoodNewsletter".

If you have any questions or comments please [e-mail us](#), your feedback is very important to us.

If you know anybody who would benefit by reading this GoodNewsletter, please forward them this e-mail. Have a great month ahead

For more information call 0800 542 2439 or email info@claybrooknlp.com

We look forward to hearing from you!